

DIY REFLECTIVE BAND

INSTRUCTIONS

STEP 1

Measure and cut your elastic to desired length. Use the circumference of your arm and/or leg as a reference. Hem each end.



STEP 2

Cut 4-5" of hook & loop tape.

(a) Place the 'hook' end on the inside of the elastic.

(b) Place the 'loop' end on the outside of the other end of the elastic.

Sew in place.

A



B



SUPPLIES

- Reflective Elastic
- Hook & Loop Tape
- Scissors
- Needle and Thread

Note: For best results, use a sewing machine.

FINAL RESULT

